



First Episode Psychosis

1. Census (ID 46) Does the team serve 70 individuals as funding allows?
2. Ct. Assessment (LSF Contract) Psychosocial functioning Assessments are filed in the client chart.
3. Ct. Assessment Comprehensive Assessments covers Recovery, Psychopathology, Illness Management, Health, Family and Other Supports, and Basic Living Needs per the NAVIGATE manual.
4. Ct. Diagnosis (LSF Contract) Diagnostic and Symptoms Assessments are filed in the client chart.
5. Ct. Dx. Plan (LSF Contract) Discharge plan completed as applicable.
6. Ct. Notes (LSF Contract) Individualized Medication Treatment progress notes are in the client chart. The focus of Individualized Medication Treatment services are aimed at reducing symptoms and preventing relapses in order to help people achieve their desired goals.
7. Ct. Notes (LSF Contract) Family Education Program progress notes are in the client chart. The focus of Family Education may include:
 - o Teaching families about psychosis and its treatment.
 - o Reducing relapses by encouraging medication adherence and
 - o Monitoring early warning signs of relapse.
 - o Supporting the client's work towards personal recovery goals.
 - o Reducing family stress through improved communication and problem solving skills
8. Ct. Notes (LSF Contract) Individual Resiliency Training progress progress notes for weekly or biweekly sessions are in the client chart. The focus of Individual Resiliency Training services address the following:
 - o Helping clients achieve personal goals by teaching them about their disorder and its treatment.
 - o Processing the experience of psychosis.
 - o Reducing self-stigmatizing beliefs.
 - o Helping them learn social and resiliency skills.
9. Ct. Notes (LSF Contract) Supported Employment and Education progress notes are in the client chart. The focus of Supported Employment and Education services address the following:
 - o Helping clients to develop education and employment goals related to their career interests.
 - o Specialists work with clients to help them obtain jobs or enroll in educational programs.
 - o Follow along supports are provided for all clients who are employed or in school to help them be successful.
10. Ct. Orientation (LSF Contract) Orientation documentation completed.
11. Ct. Trx Plan (LSF Contract) Treatment Plan developed and implemented within one month. Treatment plans contain the following components: recovery goals, barriers, objectives, client and family strengths and resiliency factors, and interventions.



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12. Ct. Trx Plan Review Treatment Plan Review every six months, and more often when necessary.

13. Elg (ID 46) Does the team serve the population identified in contract?

Ages 15-40

Diagnosis Schizophrenia, schizoaffective, or schizophreniform

Have received antipsychotic meds less than 1 year prior to enrollment

14. Program Design (ID 46) The provision of NAVIGATE services is divided into two phases, including the Engagement and Stabilization Phase, and the Recovery Phase. Is this demonstrated in the chart for those with a long enough enrollment period to move to different phases?

15. Program Design (ID 46) Family Education Program is delivered over 12-14 sessions, at a minimum with more sessions (Modified Intensive Skills Training) provided when there are more problems, conflict, and stress.

16. Program Design (ID 46) Are All Core Competencies of NAVIGATE are present in the programming. The Core Competencies include the following: shared decision-making, strengths and resiliency focus, motivational enhancement skills, psychoeducation teaching skills, cognitive-behavioral teaching skills, and collaboration with natural supports?

17. Program Design (ID 46) Whenever possible, the first family session is conducted within two weeks of the Orientation meeting. If a family situation does not allow participation within this time frame, the first family session will be conducted as soon as possible following the Orientation meeting.

18. Program Design (ID 46) Within one month of the client's enrollment in the NAVIGATE program, a one-hour collaborative treatment planning meeting is held with the client, his or her relatives or other significant persons (if applicable), the Director. Any other members of the team may also be involved in the meeting.

19. staffing (ID 46) Does the team meet minimum staffing pattern?

Program Director - .5 FTE

Prescriber - .5 FTE

Individual Resiliency Trainer - 1 FTE

Family Education Clinician - 1 FTE

Supported Employment and Education Specialist - 1 FTE

Case Manager - 1 FTE

Peer Specialist - .5FTE