



CQI Suicide Prevention Best Practices

1. Suicide Prevention Cx Aftercare (Incorporated Document 32, LSF Contract) The chart has evidence of follow-up care for individuals at risk soon after discharge from crisis stabilization care or following an outpatient appointment that did not end in crisis response but in which de-escalation was involved. Care protocols are evident for suicide risk individuals who don't show for appointments. This may include active outreach, such as phone calls to the individual or his or her family members, until contact is made and the individual's safety is ascertained; it can include home visits and/or virtual home checkins. It is recommended that the NSP provide regular training for staff supports to improve engagement efforts.
2. Suicide Prevention Cx Assessment (Incorporated Document 32, LSF Contract) A suicide risk assessment using a validated instrument and/or established protocol was in chart. It documents risk and protective factors and has a risk formulation. Risk is reassessed and integrated into treatment sessions.
3. Suicide Prevention Cx Policy (Incorporated Document 32, LSF Contract) The Network Service Provider has policy and procedure(s) providing guidance for suicide care management for individuals at different risk levels, including frequency of contact, care planning, and safety planning.
4. Suicide Prevention Cx Quality Assurance (Incorporated Document 32, LSF Contract) The provider has a Quality Improvement system in place for root cause analyses and/or mortality death reviews on suicide deaths of people in its care as well as for individuals up to 30 days past case closed. Policies and trainings are updated as a result of data trends.
5. Suicide Prevention Cx Safety Planning (Incorporated Document 32, LSF Contract) Lethal means restriction counseling is part of safety planning and/or addressed elsewhere in chart. Families and support system are included in means restriction planning. The NSP will provide training on counseling on access to lethal means (Florida Certification Board online course available). The provider will have a policy regarding the minimum actions for restriction of access to means.
6. Suicide Prevention Cx Safety Planning (Incorporated Document 32, LSF Contract) A safety plan/wellness plan is found in the chart for individuals assessed with risk (low, moderate and high). No risk is not the same as low risk. The safety plan includes risks and triggers and concrete coping strategies. The safety plan is shared with the individual's partner or family members (with consent). All staff use the same safety plan template. It is recommended that staff receive training in how to create a collaborative safety plan.
7. Suicide Prevention Cx Screening (Incorporated Document 32, LSF Contract) Chart contains an evidencebased suicide screener at intake and a reassessment at every visit for those at risk. Examples are the Patient Health Questionnaire9, Columbia Suicide Severity Rating Scale screener, or other EBP metrics.
8. Suicide Prevention Cx Treatment (Incorporated Document 32, LSF Contract) There is evidence that clients identified at risk have been offered and/or provided evidencebased treatment specifically for suicide (CAMS, CTSP, CBTSP and DBT), or make referrals to same. The NSP will provide staff with access to competencybased training in empirically supported treatments targeting suicidal thoughts.