

PROJECT ECHO HUB TEAM ROLES & RESPONSIBILITIES "Moving Knowledge Instead of People"

CONTACT:

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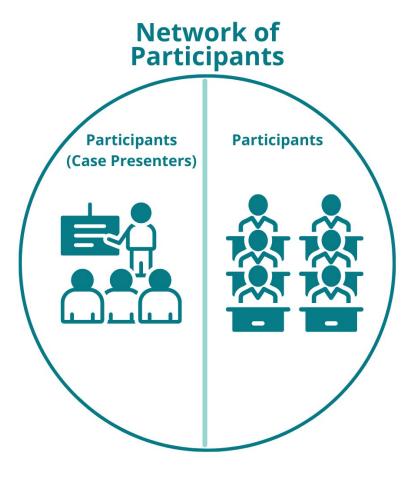
SYSTEMS

Project ECHO utilizes technology and collaborative learning to share knowledge across miles and across disciplines



- ECHO (Extension for Community Health Outcomes)
- Founded by Dr. Sanjeev Aurora at the University of New Mexico in 2003
- Developed capacity to safely and effectively treat Hepatitis C in all areas of New Mexico and to monitor outcomes.
- The model is being used to tackle the world's greatest challenges: health care, education and civics.

An ECHO program consists of a Hub Team and Spokes



HEALTH

SYSTEMS

ECHO



ROLES & RESPONSIBILITIES

HUB Team Members

Post-Launch

perspective

reflection

• Continue to assist in

participant outreach

Attend each ECHO session

and provide your expert

Participate in post-session quality improvement and

Pre-Launch

- Attend pre-launch meetings
- Providing input in curriculum development
- Assist in participant outreach
- Assist in presenter recruitment

During ECHO Session

- Take turns facilitating the ECHO sessions with other Hub Team members
- Welcome participants and lead introductions if facilitating
- Facilitate case presentations to support a community of practice (lead clarifying questions and recommendations)
- Build rapport with participants and create a safe learning environment

Subject Matter Experts

Pre-Session

• Develop a 15-20-minute didactic presentation on area of expertise

During Session

- Present didactic and be available for Q&A
- Provide clarifying questions and recommendations for case presentations
- Highlight teachable moments
- Subject matter experts are only required to attend sessions in which they are presenting

*A Hub team member can also be a subject matter expert

TIME COMMITMENT

- Time commitment depends on how many times ECHO Clinics are offered per month (e.g., weekly, twice a month, or once a month)
- Anticipate participating in 15 20 sessions for 2022-2023 depending on curriculum and scheduling needs
- Hub Team Members may expect to spend 2 4 hours/month based upon sessions held twice a month
- Guest Presenters may expect to spend three to 3 3.5 hours/session for pre-session preparation time, 15-minute didactic presentation, and hourlong session.
- Watching a Live ECHO session is encouraged, but not required. To watch, visit: <u>https://hsc.unm.edu/echo/become-a-partner/tele-echo/</u>
- Hub Team Members are required to attend the Hub Team Orientation presented by a ECHO Institute[™] representative



ANATOMY OF AN ECHO SESSION

Breakdown of a 60-minute session



HEALTH SYSTEMS

Expert instruction (15-20 minutes & 5 minutes Q&A)

• A 15-20 minute didactic presentation on a key issue in evidence-based instruction or key problem affecting social determinants of health

Case-based and collaborative learning (20 minutes)

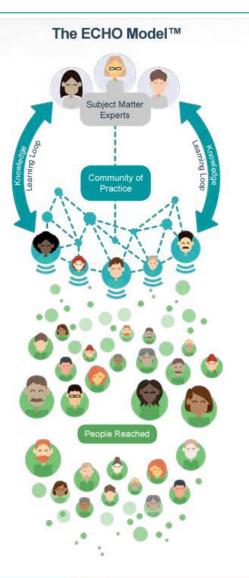
 Presentation of a case or problem of practice in behavioral or mental health by a participant or exploration of a shared challenge, followed by collaborative problem solving by the community of practice and hub experts

Implementation update OR Reflection on previous case (10 minutes)

• Brief data sharing by participants on their implementation of practices arising from the ECHO, OR participant(s) who previously presented cases report back to the group about the outcomes from implementing recommendations of the group. This section creates feedback loops for both implementation of practices learned and recommendations for problem solving.

Case presentations are opportunities for collaborative problem solving in a community of practice

- ✓ Dilemmas of Practice: Participants receive support in finding solutions to challenges being experienced in the field.
- All Teach, All Learn: Problem-solving is conducted using participants' insight and expertise, as well as that of content experts and hub team members.
- ✓ Flexibility: A case presentation/discussion can be facilitated in a number of ways.



Benefits of ECHO

For the behavioral healthcare system at large, the benefits from ECHO are enormous:

- **1. FREE to participate**
- 2. Better access for rural and underserved patients
- 3. Reduced disparities
- 4. Better quality and safety
- 5. Rapid dissemination of best practices
- 6. Reduced variations in care
- 7. Greater efficiency
- 8. Reduced wait times

Recognition for Project ECHO

Awarded over 20 major grants since 2003 from government agencies and private foundations, including:

- U.S. Agency for Healthcare Research and Quality
- Department of Health and Human Services
- Department of Defense
- Department of Veterans Affairs

Wide-ranging media coverage in outlets including the New York Times, Forbes, the Huffington Post, Discovery Channel and PBS.

Join the ECHO Movement & Build Community

"Empowering people with knowledge and support to reduce human suffering"



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Extension for Community Healthcare Outcomes

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