#### Central Florida Behavioral Health Network, Inc.

Your Managing Entity

#### **Marjory- Stoneman Douglas School Safety Programs**

Pasco & Hillsborough County School Behavioral Health Project



Linda McKinnon President & CEO

Alan Davidson CCO/Acting COO

## How it All Began



- In 2018, the Marjory Stoneman Douglas High School Public Safety Act (Senate Bill 7026) passed the Florida Legislature to make schools safer and to ensure mental health services for students. The Legislature allocated \$125 million (2021-22) for school mental health.
- ✓ Pasco and Hillsborough County School Board Districts use their school mental health funds to contract with local behavioral health managing entity, Central Florida Behavioral Health Network (CFBHN)
- Managing Entities manage state/federal funds and use a network of local behavioral health organizations to provide mental health, substance use, prevention, family support, and many other services



# Merging Two Systems: Schools & Mental Health

### Approach

- CFBHN works with school systems to assess student needs and service gaps, identify providers and additional resources, and meet reporting requirements
- CFBHN organizes a system of care that ensures mental health services are delivered to children and <u>families</u> identified by the school system
- Expands network to include organizations that provide needed services to students
- Care coordinator is placed in each school district to ensure students are receiving needed services and to guarantee appropriate funds are used (including Medicaid or commercial insurance) prior to accessing the school mental health funds
- ✓ In high needs schools, on-site therapists are designated to meet student needs



# **Multi-Tier Approach**



Source: PREPaRE School Crisis Prevention and Intervention Training Curriculum. Adapted with permission from Cherry Creek School District. (2008). Emergency response and crisis management guide. Greenwood Village, CO: Author.

School staff, District Clinician and the School Project Manager identify children and assess using a Multi-Tier approach

Services are delivered at the *lowest possible level* that meets child and family needs to prevent progression into higher, more intensive levels of service

Reporting outcomes include:

Days in school

- ✓ Pre and Post functioning level
- ✓ Screening and assessments

Statutorily required children's mental health measures



### Results

- CFBHN Contracted with community behavioral health providers for each school project: Hillsborough County School District (HCSD)– 11/Pasco County School District (PCSD) - 10
- V HCSD identified high need schools and 3 Hillsborough contracted providers have therapists placed at those schools for individual and group counseling. Currently 94 high needs schools have onsite services.
- ✓ CFBHN has formed a Steering Committee workgroup with contract providers, school district staff and CFBHN to identify barriers to services for student and strategies to mitigate the barriers
- V PCSD collaborated with Gulf Coast JFCS (Jewish Family Community Services) to provide intensive behavioral health services to students and families in the district. Total of 70 students served from the start of this expansion.
- V PCSD has formed a workgroup with community behavioral health providers, stakeholders and CFBHN as a community approach to suicide prevention

"I wanted to share a quick testimonial with our first Safe at Home Referral. Today we had our first successful check-in with the student and some of his grades have gone up that were failing last qrt to B's and C's. This progress was surprisingly fast. I also wanted to share the student was able to self-reflect and communicate in a normal and respectful way. I know we have an amazing team that offers phenomenal support. Also, wanted to share that he is participating in his FBA self-advocating, though we have a long way to go we have made positive progress. The student was able to communicate appropriately and use appropriate dialog and self-reflect. I am so proud to be a part of our team and appreciate the small yet huge signs of progress with hopes of future success." - T. Vargas, School Social Worker

"I have a female 9th grader diagnosed with depression, was skipping classes, and grades were low. Weekly sessions started mid to end of Sem 1. As of today zero referrals for skipping, grades have increased, student is doing well. She loves her therapist." - S. Williams, School Social Worker



### Data – Hillsborough School District



FY 18-19	FY 19-20	FY 20-21	Current		
Not est.	254	1050	1147		
Note - # Students served by school project funding only					

Enhanced Outcomes: Collected on all students served by CFBHN contract for 2021-2022 Q1 & Q2

Outcomes Description	Numbers
Percent of school days students served attended	95.43%
Percent of students who maintain or improve their level of functioning	88.5%
Total number of screenings and assessments	1330
Percent of students that live in a stable housing environment	100%
Average length of days served	67



Hillsborough County PUBLIC SCHOOLS Preparing Students for Life

### Data - Pasco School District





FY 18-19	FY 19-20	FY 20-21	Current	
35	144	168	115	
Note - # Students served by school project funding only				

Enhanced Outcomes: Collected on all students served by CFBHN contract for 2021-2022 Q1 & Q2

Outcomes Description	Numbers
Percent of school days students served attended	100%
Percent of students who maintain or improve their level of functioning	88.5%
Total number of screenings and assessments	109
Percent of students that live in a stable housing environment	100%
Average length of days served by project	55



### What's Next?

- Identify gaps to expand and enhance services
- ✓ Continue growth of on-site services for high needs schools
- Launch new data collection software to easily track outcomes and share trends.
- ✓ Increase community education about the availability of wraparound services
- Identify unique behavioral health services for students and add community providers to deliver appropriate treatment
- Maintain and enhance relationship-building and communication with school districts and community providers
- ✓ Share successes and help replicate project in additional school districts
- Health and safety for ALL Florida schools...in partnership with your Managing Entity!



"Coming together is a <u>beginning</u>, staying together is **progress**, and working together is <u>SUCCESS</u>." ~Henry Ford



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