

Mental Health Clubhouse Services

Requirement: The Office of Substance and Abuse and Mental Health (SAMH) Contract
General Appropriations Act, Line 364

Frequency: Ongoing

Due Date: Ongoing

Mental Health Clubhouse Services: This Covered Service provides structured, evidence-based services designed to strengthen and/or regain the member's interpersonal skills, provide psycho-social therapy toward rehabilitation, develop the environmental supports necessary to help the member thrive in the community and meet employment and other life goals and promote recovery from mental illness. Services are typically provided in a community-based program with trained staff and members working as teams to address the member's life goals and to perform the tasks necessary for the operations of the program. The emphasis is on a holistic approach focusing on the member's strengths and abilities while challenging the member to pursue those life goals. This service would include, but not be limited to, clubhouses certified under the International Center for Clubhouse Development. This covered service may not be provided to a person less than 18 years old.

Best Practice Consideration

Clubhouse International Model:

A Clubhouse is organized to support people living with mental illness. During the course of their participation in a Clubhouse, members gain access to opportunities to rejoin the worlds of friendships, family, employment and education, and to the services and support they may individually need to continue their recovery. A Clubhouse provides a restorative environment for people whose lives have been severely disrupted because of their mental illness, and who need the support of others who are in recovery and who believe that mental illness is treatable. <https://clubhouse-intl.org/what-we-do/what-clubhouses-do/>

A Clubhouse is a membership organization, and the people who come and participate in a Clubhouse are its members. Membership in a Clubhouse is open to anyone who has a documented history of mental illness. The role of the staff in a Clubhouse is not to educate or treat the members. Membership in a Clubhouse gives a person living with mental illness the opportunity to share in creating successes for the community. At the same time, he or she is getting the necessary help and support to achieve individual success and satisfaction. Clubhouses are built upon the belief that every member has the potential to sufficiently recover from the effects of mental illness to lead a personally satisfying life as an integrated member of society. Clubhouses are communities of people who are dedicated to one another's success, no matter how long it takes or how difficult it is. Membership standards shall be in line with the International Standards for Clubhouse Programs™.

The design of a Clubhouse engages members in every aspect of its operation, and there is always much more work to be done than can be accomplished by the few employed staff. The staff are there to engage with members as colleagues in important work and to be encouraging and engaging. Clubhouse staff are

charged with being colleagues, workers, talent scouts and much more. The skills, talents, and creative ideas and efforts of each member are needed and encouraged each day. Participation is voluntary, but each member is always invited to participate in work which may include clerical duties, reception, food service, transportation management, outreach, maintenance, research, managing the employment and education programs, financial services and much more. Functions, Governance and Administration of the House shall be in line with the International Standards for Clubhouse Programs TM.

<https://clubhouse-intl.org/>

Clubhouses are a powerful demonstration of the fact that people with mental illness can and do lead normal, productive lives. Clubhouses are local community centers that provide members with opportunities to build long-term relationships that, in turn, support them in obtaining employment, education and housing, including:

- a work-ordered day in which the talents and abilities of members are recognized and utilized within the Clubhouse;
- participation in consensus-based decision-making regarding all important matters relating to the running of the Clubhouse;
- opportunities to obtain paid employment in the local labor market through a Clubhouse-created Transitional Employment Program. In addition, members participate in Clubhouse-supported and Independent programs;
- assistance in accessing community-based educational resources;
- access to crisis intervention services when needed;
- evening/weekend social and recreational events; and
- assistance in securing and sustaining safe, decent and affordable housing.

The Clubhouse offers its own Supported and Independent Employment Programs to assist members to secure, sustain, and better their employment. As a defining characteristic of Clubhouse Supported Employment, the Clubhouse maintains a relationship with the working member and the employer. Clubhouse employment activities shall be in line with the International Standards for Clubhouse Programs TM.

CLUBHOUSES RECEIVING DEPARTMENT OF CHILDREN AND FAMILIES (DCF) SEPARATE SUPPORTED EMPLOYMENT FUNDING (OCA MHEMP): The MHEMP funding is separate from Clubhouse funding and service delivery standards. Please refer to Incorporated Document 37 for details on Supported Employment funding currently contracted with Clubhouse providers in the LSFHS Region.

Admissions

All admissions are voluntary and require consent and participation.

Documentation Requirements

The file for each member should contain basic demographic information, which includes (1) Member's name, (2) address, (3) telephone number, (4) marital status, (5) sex, (6) legal status, (7) race, (8) date of birth, (9) guardian contact information for minors, (10) referral source and (11) staff name of who has responsibility of the member (12) along with verification of a Mental Health diagnosis from a physician or therapist. Audit documentation shall be in accordance with 65E-14.021, F.A.C.

The file contains, if applicable, a time-specific statement authorizing release of confidential information, signed, and dated by the member or guardian, which designates the agency to receive the information, purpose of the disclosure, how much and what kind of information to be disclosed, statement that the consent is subject to revocation at any time and date which consent will expire if not revoked before.

The file will protect individual's protected information, include an individual's bill of rights, and contain a time-specific statement authorizing release of confidential information, signed, and dated by the member or guardian, which designates the agency to receive the information, purpose of the disclosure, how much and what kind of information to be disclosed, statement that the consent is subject to revocation at any time and date which consent will expire if not revoked before.

Outcomes and Performance Measures

The Network Service Provider shall demonstrate satisfactory delivery of minimum levels of service as required.