



# First Episode Psychosis

1. FirstEpPsy Census (ID 46) Does the team serve 70 individuals as funding allows?
2. FirstEpPsy Ct. Assessment (LSF Contract) Psychosocial functioning Assessments are filed in the client chart.
3. FirstEpPsy Ct. Assessment Comprehensive Assessments covers Recovery, Psychopathology, Illness Management, Health, Family and Other Supports, and Basic Living Needs per the NAVIGATE manual.
4. FirstEpPsy Ct. Diagnosis (LSF Contract) Diagnostic and Symptoms Assessments are filed in the client chart.
5. FirstEpPsy Ct. Dx. Plan (LSF Contract) Discharge plan completed as applicable.
6. FirstEpPsy Ct. Notes (LSF Contract) Individualized Medication Treatment progress notes are in the client chart. The focus of Individualized Medication Treatment services are aimed at reducing symptoms and preventing relapses in order to help people achieve their desired goals.
7. FirstEpPsy Ct. Notes (LSF Contract) Family Education Program progress notes are in the client chart. The focus of Family Education may include:
  - o Teaching families about psychosis and its treatment.
  - o Reducing relapses by encouraging medication adherence and
  - o Monitoring early warning signs of relapse.
  - o Supporting the client's work towards personal recovery goals.
  - o Reducing family stress through improved communication and problem solving skills
8. FirstEpPsy Ct. Notes (LSF Contract) Individual Resiliency Training progress progress notes for weekly or biweekly sessions are in the client chart. The focus of Individual Resiliency Training services address the following:
  - o Helping clients achieve personal goals by teaching them about their disorder and its treatment.
  - o Processing the experience of psychosis.
  - o Reducing self-stigmatizing beliefs.
  - o Helping them learn social and resiliency skills.
9. FirstEpPsy Ct. Notes (LSF Contract) Supported Employment and Education progress notes are in the client chart. The focus of Supported Employment and Education services address the following:
  - o Helping clients to develop education and employment goals related to their career interests.
  - o Specialists work with clients to help them obtain jobs or enroll in educational programs.
  - o Follow along supports are provided for all clients who are employed or in school to help them be successful.
10. FirstEpPsy Ct. Orientation (LSF Contract) Orientation documentation completed.
11. FirstEpPsy Ct. Team Mtg (LSF Contract) EPIC weekly team meeting minutes are documented.



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12. FirstEpPsy Ct. Trx Plan (LSF Contract) Treatment Plan developed and implemented within one month. Treatment plans contain the following components: recovery goals, barriers, objectives, client and family strengths and resiliency factors, and interventions.
13. FirstEpPsy Ct. Trx Plan Review Treatment Plan Review every six months, and more often when necessary.
14. FirstEpPsy Elg (ID 46) Does the team serve the population identified in contract?  
Ages 15-40  
Diagnosis Schizophrenia, schizoaffective, or schizophreniform  
Have received antipsychotic meds less than 1 year prior to enrollment
15. FirstEpPsy Program Design (ID 46) Family Education Program is delivered over 12-14 sessions, at a minimum with more sessions (Modified Intensive Skills Training) provided when there are more problems, conflict, and stress.
16. FirstEpPsy Program Design (ID 46) Are All Core Competencies of NAVIAGATE are present in the programming. The Core Competencies include the following: shared decision-making, strengths and resiliency focus, motivational enhancement skills, psychoeducation teaching skills, cognitive-behavioral teaching skills, and collaboration with natural supports?
17. FirstEpPsy Program Design (ID 46) Whenever possible, the first family session is conducted within two weeks of the Orientation meeting. If a family situation does not allow participation within this time frame, the first family session will be conducted as soon as possible following the Orientation meeting.
18. FirstEpPsy Program Design (ID 46) Within one month of the client's enrollment in the NAVIGATE program, a one-hour collaborative treatment planning meeting is held with the client, his or her relatives or other significant persons (if applicable), the Director. Any other members of the team may also be involved in the meeting.
19. FirstEpPsy Program Design (ID 46) The provision of NAVIGATE services is divided into two phases, including the Engagement and Stabilization Phase, and the Recovery Phase. Is this demonstrated in the chart for those with a long enough enrollment period to move to different phases?
20. FirstEpPsy staffing (ID 46) Does the team meet minimum staffing pattern?  
Program Director - .5 FTE  
Prescriber - .5 FTE  
Individual Resiliency Trainer - 1 FTE  
Family Education Clinician - 1 FTE  
Supported Employment and Education Specialist - 1 FTE  
Case Manager - 1 FTE  
Peer Specialist - .5FTE